

TITLE: ROLE OF HOMOEOPATHIC MEDICAL REPERTORY BY ROBIN MURPHY IN ACUTE BRONCHITIS – REVIEW LITERATURE**ABOUT AUTHOR:****Dr. Kanu Prajapati****Associate Professor FMT**

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ABSTRACT: Acute bronchitis is inflammation and irritation of the bronchial tubes. Acute bronchitis is the most common disease which causes absenteeism from work and most patient visits to hospitals. Homoeopathic treatment helps to prevent and control from fall down into complications. Bronchitis is a common condition affect the people. The cause is smoking, air pollution, viral and bacterial infection. The symptoms are dry cough, sneezing, running nose, chest compression or pain, body pain, chills, mild fever, wheezing, vomiting, sore throat. Children are more prone to bronchitis and it accounts for about 25% of the OPD visits.

Homoeopathic Medical Repertory by Dr. Robin Murphy is a typical repertory that helps to find out similimum on the basis of clinical as well as classical symptoms in cases of acute bronchitis. It is updated with new additions and with a greater number of medicines and in alphabetical format for easy searching for rubrics .So,In this article we discuss about usefulness of Murphy repertory in acute bronchitis cases.



KEY WORDS: Acute bronchitis, Murph repertory, homoeopathy, rubric

INTRODUCTION:

One serious respiratory illness that should be taken seriously is acute bronchitis, especially in adult patients. This disease mostly affects the bronchi, which are the well-known airways in the lungs that carry air. It affects the lower respiratory tract. When there is no sign of pneumonia, acute bronchitis appears as an inflammation of the bronchi, usually affecting people without underlying chronic obstructive pulmonary disease (COPD)^[1]. It can be cured by drinking lots of water and using over-the-counter cold medications. Reversible bronchial inflammation is a symptom of lower respiratory tract illness known as acute bronchitis^[2].

Ninety-five percent of instances of acute bronchitis are caused by viruses. Hospitalization is primarily caused by infections of the lower respiratory tract. Acute bronchitis is the most common lower respiratory tract infection^[2]. Each year, roughly 5% of get an episode of acute bronchitis^[3].

Acute bronchitis is a syndrome usually viral in origin, with cough as the prominent feature. Acute cough is diagnosed when it has been present for no more than 3 weeks, and its most common causes are upper respiratory tract infections (URTIs) and acute bronchitis^[4]. The entire episode usually last about 2 weeks and seldom longer than 3 weeks. While antibiotic is often prescribed for patients with acute bronchitis, little evidence shows that these agents provide significant symptomatic relief or shorten the course of the illness^[2].

- (a) **Aetiology:** Most common cause of Acute Bronchitis in children is viral infection but it may also be caused by bacteria, dust allergens and smoke. Homoeopathic cause includes a wide range of other elements, such as being in the cold, wind, changing seasons, temperature changes, getting wet, consuming cold food or beverages, eating sour or spicy cuisine, etc.
- (b) **Pre Disposing Factor:** Enlarged tonsils, adenoids, Asthma, allergies, exposure to smoke. Family history in Homoeopathy is also an important pre disposing factor^[5].



(c) **Clinical Features:**

- Acute bronchitis begins with coryza which extends to the chest producing cough.
- Cough may be dry or productive.
- Chest congestion with symptoms of chill, mild fever, Body pains, pain in chest and wheezing in chest.
- Sore throat and vomiting may be present ^[6].

- (d) **Duration:** Most of the symptoms are better in 7-14 days except cough which may resolve with in 3-4 weeks.

ACUTE BRONCHITIS AND HOMOEOPATHY

Homoeopathy is one of the most widely acceptable and holistic medicinal system. The selection of remedy is based upon the theory of individualisation and symptoms similarity by using holistic approach.

Homeopathic remedies are not prescribed only based on the presence of bronchitis Symptoms. This is because no two children with bronchitis have the same symptoms or Respond to illness in the same way. To offer an example, the right homoeopathic medicine is Chosen based on the child's individual symptoms, reaction to disease, temperament, and Psychological patterns. It could also be linked to the type of mucus discharge, especially in Older children, and its distinct characteristics, such as scent, among other factor^[7]. Homoeopathy is having much efficacy in treating Bronchitis because of its individualistic approach to Treat the sick with dynamic and potentised medicines.^[3]

In homoeopathy, along with the disease condition, the Man in disease is treated considering mind and body Known holistic treatment so we can successfully Controlling the recurrence. There are wide range of homeopathic medicine for bronchitis.^[3]



ABOUT REPERTORY:

HOMOEOPATHIC MEDICAL REPERTORY BY ROBIN MURPHY (3rd Edition)

Robin Murphy's "Homoeopathic Medical Repertory" relies heavily on Dr. J.T. Kent's "Repertory of Homoeopathic Materia Medica" and Dr. C.B. Knerr's "Repertory of Hering Guiding Symptoms of Our Materia Medica." This modern alphabetical repertory is founded on the principles of both clinical and classical homoeopathic practice.

The repertory caters to a variety of case requirements and stands out as a unique tool for practitioners to identify the simillimum based on clinical indications^[8].

Remedy Gradings: The new remedy gradings for the Homoeopathic Medical Repertory display the strongest remedies in the following manner:

CALC., (4 points), bold-capitals and underlined

CALC., (3 points), bold-capitals

Calc., (2 points), bold-italics

Calc., (1 point), plain-small ^[9].

ADAPTABILITY: This repertory used for following types of cases.

Mentals &generals are prominent

Clinical symptoms & diagnosis is available

Pathological generals / constitutions are available

Complete symptoms are available

Case has paucity of symptoms^[10]

IMPORTANCE OF MURPHY REPERTORY IN CASES OF ACUTE BRONCHITIS:

This homoeopathic medical repertory was designed as a modern, practical and easy to use reference guide to vast homoeopathic material medica. This clinical repertory provides easily finding of rubrics and clinical symptoms which is arranged in alphabetically. So, this repertory is very useful for any clinical approach for acute bronchitis.



Rubrics related to bronchitis complain are found under the following main headings which may be location or function of respiratory system.

1. Chest
2. Children
3. Chills
4. Clinical
5. Fever
6. Larynx
7. Lungs
8. Throat ^[9]

Rubrics of bronchitis with medicine from Murphy repertory as under:^[9]

CHEPTER: CHILDREN

RUBRIC:BRONCHITIS, infants *ant-t.*, *dros.*

CHEPTER: CLINICAL

RUBRIC : BRONCHITIS, infection-*acet-ac.*, *acon.*, AESC.,*all-c.*, *alum.*, *alumn.*, am-c., am-i, *am-m.*, am-p., ant-ar., *ant-c.*, ANT-T., *apis*, *arn.*, ARS., ars-i., *asc-t.*, *aur-m.*, bar-c., BAR-M., *bell.*, *benz-ac.*, blatta, *brom.*, BRY., *cact.*, *calc.*, calc-f., *camph.*, *cann-s.*, *carb-v.*, *carbn-s.*, card-m., *caust.*, *cham.*, *chel.*, chin., chlol., chlor., cina, cist., coc-c., colch., cop., dig., DROS., *dulc.*, eup-per., euphr., *ferr-i.*, FERR-P.,*gels.*, grin., *guai.*, HEP., *hippoz.*, *hyos.*, *iod.*, IP., kali-ar., kali-bi., kali-c., kali-chl., kali-p., *kreos.*, *lach.*, *lob.*, LYC., mang., *merc.*, merc-s.,morg., *naja*, nat-ar., *nat-m.*, NAT-S., *nit-ac.*, *nux-v.*, *ph-ac.*, PHOS., piloc., pix., *plb.*, *psor.*, PULS., *rhus-t.*, RUMX.,SANG., *sanguin-n.*, SENEC., *seneg.*, *sep.*, SIL., solid., SPONG., *squil.*, STANN., *stict.*, sul-ac., *sulph.*, *ter.*, thuj., TUB., uran., *verat.*, verat-v., verb., zinc.

alternates, with, diarrhea - seneg.

Capillary- *ant-t.*, *bell.*, *carb-v.*, *ferr-p.*, *ip.*,

seneg., *ter.*



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Children – am-c., **ANT-T.**, bry., *dulc.*, ferr-p., **IP.**, **KALI-C.**, nat-ar., *phos.*, sil.

Cold, from every – mang.

Elderly, people- all-c., *am-c.*, ammc., ant-c., **ANT-T.**, ars., bac., camph., carb-v., dros., **HIPPOZ.**, hydr., kali-c., kreos., lyc., **PHOS.**, nux-v., seneg., sil.

Fibrinous – brom., bry., calc-acet., *kali-bi.*, phos.

Toxic-am-c., ant-t., bry., colch., diph., *merc-c.*

winter, each – morg.

CONCLUSION:

Various rubrics related to bronchitis are found in different main chapters like chest, children, chills, clinical, fever, larynx, lungs, throat. Homoeopathic Medicines like Antim tart., Phosphorus, Ferr phos., Bry., Kali bich, Kali carb are frequently used under Chapter Bronchitis of Murphy Repertory.

As being clinical and modern repertory Murphy repertory became very useful in management of reversible pathological condition like acute bronchitis. So final, it can be concluded that Murph repertory is one of the important tool to find out the similimum for bronchitis.

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