



TITLE: Exploring The Scope of Homoeopathic Treatment and Management in the Cases of Injuries

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ABSTRACT :

This article deals with the clinical understanding of the study of Homoeopathic Materia Medica and Therapeutics study on the light of the teaching of our Organon of Medicine & Homoeopathic Philosophy that, whatever it maybe the name of the disease or the pathology; Homoeopaths needs to perceive, what is curable in disease and what is curative in medicine; they're the clinically verified signs & symptoms of a remedy, the power, the essence, the image, the very nature of the sickness, those are only to be counter as stronger & similar in its manifestations but different in kind for restoring the sick to health homoeopathically, are also expressed in this article.

KEY WORDS: Injury – homoeopathic therapeutics– dynamic actions of remedies – prescribable – clinically verified – curative symptoms.

INTRODUCTION:

The word, injury denotes any harm whatever illegally caused to any person in body, mind, reputation or property.

DEFINITION

A break in the integrity of the skin or tissues often, which may be associated with disruption of the structure and function.



Types of injury:

Tidy wound:

Wounds like surgical incisions.

Caused by sharp objects.

It is incised, clean, healthy Wound without any tissue loss.

Healing is by primary intention.

Untidy wound:

Due to crushing, tearing, avulsion, devitalised injury, vascular injury, multiple irregular Wounds, burns.

Fracture of the underlying bone may be present.

Infection delayed healing are common.

Healing by secondary intention.

Classification based on type of the wound:

1. Clean incised wound:

2. Lacerated wound:

3. Bruise/ contusion:

4. Haematoma:

5. Abrasion:

6. Puncture wound and bites:

7. Penetrating wound:

8. Traction & Avulsion injuries:

9. Crush injury:

10. Gunshot injuries:

11. Injuries to bones & joints:

12. Injuries to nerves, arteries, veins, deeper organs:

13. Close blunt injury:(1)

Therapeutics concerns, only with the discovery and selection of an individually specific remedy for each individual case of disease; in accordance with a Therapeutic law.

HOMOEOPATHIC APPROACH:(3)(4)(5)(6)

In homeopathy, we need to prescribe specific single remedy in specific individual case; that may differ and be specific in each case of injury whatever it may be in *body, mind, reputation or property* and in case of *Mechanical Injuries; line abrasion, bruise, and Wounds; like incised lacerated, stab, gun-shot wounds* respectively.

Arnica Montana:

- Sore, lame, bruised feeling all over the body, as if beaten.
- Body ache may be due to mechanical injuries or may be suffering from any disease.
- Patient is very much sensitive to pain.



- Arnica causes & cures haemorrhage of any kind.
- Heat of upper part of the body & coldness of lower parts.
- Mind - in serious life threatening condition, patient say he is healthy, no need for taking medicine.

Belles perennis:

- Bellis Per. is the first remedy in injuries to the deeper tissues, after major surgical work.
- "Stasis & fag"—is the keynote of the remedy.
- Exudation, stasis, swellings of all kinds, varicose veins, engorgement of breast and uterus, etc. all come within the range of this remedy.
- Traumatism--Of the pelvic organs with sore, bruised feeling in the pelvic region.
- It is an excellent remedy for sprains and bruises.
- It is also indicated in condition like Railway spine.
- Complaints such as dyspepsia, amenorrhoea, skin affections, rheumatism, effects of cold or iced drinks, when heated.

Calcarea phos:

- Rachitic baby with OPEN FONTANELLES AND SUTURES which remain open for a time or close and re-open.
- The baby is unable to stand ; is slow in learning to walk ; neck is weak and hence, unable to support the BIG HEAD.
- Spine WEAK AND DISPOSED TO CURVATURE.
- After any injury and fracture of bones cal. Phos. Help for healthy union.

Calendula :

- Calendula is used in all cases of loss of soft parts, when union cannot be affected by means of adhesive plaster.
- Rupture of muscles or tendons, laceration during labour.
- Wounds penetrating articulations with loss of synovial fluids.
- Torn and jagged looking wounds ; post-surgical operation ; to prevent excessive suppuration and disfiguring scars.
- Exhausted from loss of blood and excessive pain.
- Neuritis from lacerated wounds, after amputation.
- Bleeding from extraction of teeth.
- For old injuries, threatening to a gangrenous condition. Calendula is ideally suited.

Hypericum:

- Hypericum is an excellent remedy for injuries involving NERVES. Injuries are caused by mechanical affections of spinal cord, pains after a fall on **coccyx**.
- Punctured, incised or lacerated wounds, which are very sore and painful.
- Injuries from nails, needles, rat-bites, with severe pain.



- Injuries of parts which are RICH IN SENTIENT NERVES, such, as fingers, toes, palms and soles having intolerable pain.
- Spine is very sensitive to touch after a fall ; slight touch of arms or neck causes severe pain and the patient screams and cries with pain.

Ledum palustre:

- Causation :- Punctured wounds, by sharp pointed instruments, as nails, rat bites or blows.
- Location :- Punctured wounds anywhere on the body.
Haemorrhage into anterior chamber of eyes.
- Sensation :- Pain as if the whole body is bruised and beaten.
- Character :- Pain in ankles as if sprained or from false step.
- Pains are of sticking, tearing and throbbing type.
- Modalities :- Aggravated by motion and at night, by warmth
Amelioration by applying ice cold water.

Medorrhinum:

- Pain in back between scapula; whole length of spine sore to touch
- Rheumatism at top of shoulder and arm; pains extends to finger, ameliorate by motion
- Lower limbs ache at night, preventing sleep
- Intensely restless and fidgety leg and feet
- Burning of hands and feet
- Pain in sacrum , coccyx and back of hips , running ground and down limbs.

Natrum sulph:

- MENINGITIS :- After cerebral Haemorrhage, concussion of brain
- Causation :- From injuries to head.
- Location :- Basilar meninges.
- Sensation :- As if the head was drawn backwards brain.
- Character of pain :- Violent, crushing pain at base of brain, tenderness of the spine.
Sore pain in small of back and sacrum. Patient cannot lie on either side. Along with this there is spasm and mental irritability and delirium.
- Modalities :- Aggravation :- At night, when lying down or during rest.
Amelioration :- By pressure, changing position and

Rhus tox:

- Lameness, stiffness and pain on first moving after rest, or on getting up in the morning, > by walking or continued motion.
- Ailments from: spraining or straining a single part, muscle or tendon; overlifting, particularly from stretching.
- Pains : as if sprained; as if a muscle or tendon was torn from its attachments; as if bones were scraped with a knife; worse after midnight and in wet, rainy weather, affected parts sore to touch.



Ruta graveolens:

- As a result of mechanical injuries, sprain, bruised injuries, fall or blow, etc. there may be
- SCROFULOUS EXOSTOSIS, SPRAINS, PERIOSTITIS, FRACTURES AND DISLOCATION.
- There is bruised, lame and sore feeling all over the body which is worse in the limbs and joints
- All parts of the body upon which the patient lies are painful as if bruised.
- Due to the intolerable pain, the patient is very much restless and, therefore, changes position quite frequently when lying.
- Lameness after sprain, especially of WRISTS AND ANKLES.
- Phthisis after mechanical injuries of chest is also successfully treated by this remedy.
- There may often be severe backache which is relieved by lying on back and in that case, Ruta is the remedy to be thought of for a complete cure.

Symphytum :

- Seems to act specially on the joints.
- Fractures. Injuries (to eye; bone; periosteum). Falls. Blows. Sexual excess.
- Bruises, sprains; sore breasts.—Inflammation of bones.
- Pain in back from a fall
- Used for fracture of bones union and hair line union

CONCLUSION :

Homeopathic management in injuries is often sought for its holistic approach, aiming to address not only physical symptoms but also consider mental and emotional aspects. While some individuals may find relief through homeopathy in managing pain, inflammation, and promoting overall healing, it's crucial to recognize that conventional medical interventions are often necessary, especially in severe or urgent cases. Homeopathy can complement mainstream treatments, but its scope in managing injuries should be within a collaborative framework with conventional medicine.



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