



Title: Insightful Overview, Evolution and Historical Journey of LM Potency

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Abstract –

Hahnemann observed that the aggravations are more with the centesimal scale potency as compared to that of LM scale, and he also observed that the cure has become much more faster with the LM scale compared to centesimal scale, but unfortunately most of the homoeopathic physicians are not aware of this scale of potency, because of long delay in the publication of the sixth edition of Organon, by that time most of the homoeopathic physicians were using centesimal scale potencies and got results from that. This article explores the origin of this new scale of potencies with an overview on history and evolution.

Keywords :-LM potency, Aggravations, History, Potentization, Q- Quinquagintamillesimal

Introduction-

Dr.Hahnemann desired to speedy the time of cure with the extra gentle way with much less aggravation without harming the affected person .To achieve that he conducted the experiments the result of that is the system of potentization , he brought the centesimal scale first, however he become no longer glad with the outcomes with centesimal scale, due to following motives ;

- 1) The potencies have been now not performing sufficiently speedy,
- 2) They often tended to produce violent medicinal aggravations, specifically a few of the more sensitive sufferers.
- 3) The period of cure took pretty long time.



4) The duration and frequency of remedies had been hard to ascertain efficiently.(1)

So he further experimented on potentization the end result of that is the LM or Q efficiency, he advised that “this is the maximum perfect method”.

The meaning of Q here is “quinguagintamillesimal”. Q’ stands for “quinguaginta milia” in latin which means 50,000 (Quinguaginta stands for fifty and milia stands for thousand).(2)

Designation –

In India, it is designated as 0/1, 0/2, 0/4, 0/5 etc.

In Bangladesh it is designated as M/1, M/2, M/3, M/4, M/5 etc.

In Western world, it is designated as 1/0, 2/0,3/0, 4/0 etc.

Hahnemann used to write 0/1, 0/2, 0/3, 0/4, etc.

It would be better if we write LM/1, LM/2, and LM/3 etc. Here, "L" stands for 50 and "M" for Millesimal. The potency of this scale may be denoted by using the simple Roman numbers as, I, II, III, IV etc.

The numerator "0" representing symbolically the poppy-sized globule employed in each dynamisation, as distinct from the drop of medicine utilized in the centesimal scale.(3)

Name of fifty millesimal potency given by Different stalwarts:

Q potency – Jost Kunzli

LM potency – Rudolf Flury

50 millesimal potency – Pierre Schmidt

History and Evolution –

Notably, in July 1856, the German journal Allgemeine Homeopathische Zeitung published a notice. The author, identified only by the initials NE, revealed sensational information that greatly upset Hahnemann’s widow. (1800-1878) Let us look at the actual wording: “The news that we will soon be in possession of the writings which our master has left behind, will bring joy to the heart of any person who is penetrated by the truth of our teachings and who – as the writer of these lines – is filled with great respect for their founder. Many beautiful cases of healing are, without doubt, hidden in Hahnemann’s Paris journals, which will be of the greatest service for present and future generations of homoeopaths once they have come to light. A wealth of theoretical experience can be expected from the publication of the writings of such an astute and inspired thinker and observer, whose clear mind



A.J.SAVLAHOMOEOPATHICNATIONALJOURNAL

could not even be clouded by his great age. Only in one respect Hahnemann seems to have gone somewhat too far during the last years of his life: I am alluding to his potentization theory.”

Hahnemann’s case journals were, however, guarded by Melanie d’ Hervilly in Paris and nobody was allowed to see them apart from Hahnemann’s favourite pupil Clemens Maria von Boenninghausen (1785-1864). In an as yet unpublished letter penned in French to Boenninghausen on 8th September 1856, just weeks after the mentioned journal’s release, she expressed frustration and accused him of revealing confidential information to a third party. Within this correspondence, the Q-potencies, now known as such, were referenced for the first time as ‘infinitesimal dilutions’ (Divisions infinitesimals). Despite Boenninghausen’s efforts, he failed, like others before him, to persuade Melanie to open access to Hahnemann’s literary works for followers of his teachings.

In 1859, three years following this incident, Boenninghausen penned an article on homoeopathic dosages, detailing his favourable encounters with high potencies (> C 30). He expressed hope that Hahnemann’s widow would soon release the 6th edition of the Organon, anticipating it to feature a ‘new dynamisation method’ pertaining to high potencies, surpassing previous preparations in potency. Two years later, another article by Boenninghausen defending high potencies surfaced in the same journal.

Despite numerous assurances, Hahnemann’s wife, Melanie, never made the 6th edition available. She corresponded with the English Homoeopathic Association, proposing to release it for \$50,000. Regrettably, her request was declined, and the 6th edition remained unpublished during her lifetime. Hahnemann’s grandson, Dr. Suss Hahnemann, attempted its publication, but Melanie cautioned against it, threatening legal action: ‘I assert the exclusive right to said work, possessing the manuscript of the sixth edition of ‘Organon’ penned by my late husband.

Upon Melanie's passing in 1878, her adopted daughter, Sophie von Boenninghausen, inherited the manuscript to continue its development. Seeking \$25,000 for its release, she found no takers. The manuscript remained concealed until its discovery post-World War I. Finally unveiled in 1920, its first English edition followed in 1921. However, by the time of its publication, homoeopathy had already solidified its practice around the single centesimal dose and the 'wait and watch' method from the 4th edition. Consequently, the directives of the 6th edition were not substantially implemented until 1950 by Dr.Charles Pahud of France, later followed by Dr.Pierre Schmidt of Geneva in 1954.

Dr. Schmidt introduced a concise booklet titled 'Hidden Treasures of the 6th Edition of the



Organon,' highlighting, 'the crucial points I raise here challenge established ideas presented and practiced in the earlier five editions of the Organon. These points, largely unfamiliar or entirely unknown to homoeopaths, are somewhat revolutionary.' The secrecy surrounding the 'medicaments au globule' or 50 millesimal potencies began to dissipate in 1921. Richard Haehl, a Stuttgart homeopath and Hahnemann biographer (1873-1932), partially revealed this by publishing the final handwritten edition of the Organon. Neither Boericke in the preface to his translation nor Haehl in the introduction to his edition emphasized the significance of the new potentization method outlined in §270 of the 6th edition for Hahnemann's late therapeutic practice and homeopathic pharmacotherapy in general. Only in his extensive Hahnemann biography did Haehl comment: 'Hahnemann referred to remedies produced in this new manner as 'Medicaments au globule,' contrasting them with 'Medicaments à la goutte' produced via an earlier system, which he expressed using Roman numerals. For the new globule preparations, he utilized Arabic numerals with a small circle above (1, 2, 3, 5, etc.).'

Haehl additionally notes that, based on Hahnemann's existing medicine chest at that time, these remedies were prepared in ten different potencies. However, details regarding Hahnemann's preferred potentization, instances of resorting to the controversial Q-potencies, and the frequency of their usage remained undisclosed due to Haehl's untimely death, preventing the publication of Hahnemann's case journals, previously unpublished. Credit for reintroducing the Q-potencies to 20th and 21st-century homeopathy is attributed to Dr. Rudolf Flury (1903–1977), a Swiss physician.(4)

Hahnemann himself writes, 'In the fifth edition of the Organon, I extensively addressed the prevention of these adverse reactions of the vital energy based on my experiences at that time. However, over the last four or five years, all these difficulties have been completely resolved by my newly modified yet perfected method.'

The Brazilian homoeopath Ubiratan C. Adler got here to the realization that Hahnemann, during the final six years of his existence, had prescribed Q-potencies in at the least 1,836 cases. Adler demonstrates three one-of-a-kind phases throughout which Hahnemann experimented with Q-potencies. in the first phase (1837-1839) Hahnemann applied the new potentisation method quite rarely. He tended to use Q1, at first almost exclusively with Sulphur and Hepar sulphuris prescriptions. throughout the second segment (1840-41) Hahnemann carried out comparative studies into the efficacy of Q- and C-potencies. The Q-potencies ranged among this autumn and Q10, better Q-



potencies are not often cited. all through the identical duration Hahnemann additionally administered C-potencies (from C4 upwards) to the identical patients with a view to compare the consequences. at some stage in the 0.33 section Hahnemann moved on, to prescribe Q-potencies based at the commands he had recorded in the sixth version of the Organon. He started with Q1 or Q2 and then went up the scale as important [5] .

In India, SM Bhattacharya of Berhampore, W Bengal, wrote an editorial in March 1957 trouble of Hahnemannian Gleanings “Hahnemann’s 50Millesimal scale of efficiency” wherein he defined diverse elements of Millesimal scale which includes a evaluation and evaluation with CM scale, conversion desk of CM scale in admire of 50M scale. He also factors out the fallacy in calculation given by means of Mr. Everitt in British Homoeopathic magazine (BHJ) of April, 1957. attributable to the distinction among the strategies of preparing the two scales with reference to the difference in succussions. the two scales can not be converted or used one in place of another [6]. lowering or growing the number of succussions makes all the difference in patient’s improvement. strength, manipulate and flexibility are significantly helped with the aid of the variety of succussions .however few authors are of the opinion that the first dry dose can be given in an emergency scenario (in acute disorder). Dry dose of higher LM potencies would reason lot of aggravations with little gain. This scale can't be as compared with CM scale nor ought to they be substituted for every other due to the fact scales are unique in order and cannot be interchanged. LM1 can be taken after 30C, due to the fact it is a great deal better than 30C (the way Hahnemann prescribed for the duration of his Paris years). LM2 after 200C and LM3 after 1M. the primary idea is that there is similarity within the constitutional elements guiding the choice of the two efficiency systems. If the constitutional sensitivity & power is such to be involved about giving 30C, not to present LM1 generally however supply LM1 in numerous dilutions with one or succussions simplest.(7)

Preparation –

An in depth description of the way Hahnemann made the Q- potencies may be determined in aphorism 270 of the 6th edition of Organon of drugs with the relevant footnotes -“in an effort to satisfactory attain this development of energy, a small part of the substance to be dynamized, say one grain, is triturated for three hours with 3 times a hundred grains sugar of milk as much as the only-millionth element in powder shape. One grain of this powder is dissolved in 500 drops of a



combination of one part of alcohol and 4 components of distilled water, of which one drop is put in a vial. To this are added 100 drops of pure alcohol and given a hundred robust succussions with the hand in opposition to a tough however elastic body. this is the medication in the first diploma of dynamization with which 500 small sugar globules that can soak up one drop of the medication may additionally then be moistened and quick spread on blotting paper to dry and kept in a well corked vial with the sign of (I) degree of potency. only one globule of that is taken for further dynamization, installed a 2nd new vial (with a drop of water with the intention to dissolve it) after which with one hundred effective succussions. With this alcoholic medicinal fluid globules are once more moistened, spread upon blotting paper and dried fast, placed into a well-stoppered vial and guarded from warmth and sun light and given the sign (II) of the second one efficiency & so on.(8)

In India, Dr. Debendra Kumar Roy, Khagendra Nath Bose and Bejoy Kumar Bose added this scale of efficiency round 1957.

First Pharmacy to put together LM Scale potency become Hahnemann publishing Co. Ltd. Calcutta (HAPCO)

Dispensing and Administration –

The medicine is dispensed thru taking one poppy seed pellet and placing it in a 100 ml bottle. The bottle is then filled to the neck with purified water and 15 drops of rectified spirit are added. The bottle is succussed ten instances and supplied to the affected individual. The affected person is cautioned to provide 10 downward strokes to the bottle in the direction of the palm of his hand or a leather-positive book. The extensive kind of succussions is adjusted to the sensitivity level of the patient, usually four to ten times. The affected person is supposed to pour one teaspoon from the bottle right into a cup with 100ml water, stir it well and take one teaspoon (5ml) as the every day dose. The patient starts offevolved off advanced with LM1, commonly for 2 weeks then movements directly to LM2, then LM3.

Hari Mohan Chaudhary, one of the stalwarts of Homoeopathy in India, has noted the subsequent method for doling out and management of 50 millesimal potencies: “top off 3/4th elements of the four oz. vial with purified or distilled water. positioned therein 15 to twenty drops of alcohol for renovation. placed 7 equal marks on it. Now positioned therein only one No. 10 globule of 1st performance (LM/1) or 2nd or third performance (i.e. LM/2 or LM/three) of your preferred medicinal drug, crushing it with sugar of milk. Now this medicinal solution is ready to be used. The a fore stated



medicinal solution of seven doses of the lowest levels of dynamization is to be nicely succussed eight, 10 or 12 instances as crucial, in advance than use. Then take one dose in a clean glass and put all over again four ounces of herbal consuming water in it and stir it nicely with a tea-spoon. Then take one dose (one or numerous tea-spoonful's) out of it. this is the first dose. Throw away the relaxation. All subsequent doses are to be taken in this manner.”(nine) but, there's nonetheless no unanimity amongst homoeopathic physicians approximately the maximum appropriate method for meting out and administering the fifty millesimal potencies.

Dr Ramanlal Patel, one of the foremost government in this example in India has stated the subsequent viable techniques:

1. Training of one dose in 2 grains of sugar of milk using 2 drugs (no. 10) of selected efficiency of medication in times of chronic illnesses.
2. Dissolve 1 or 2 drugs of selected medication in a single ounce of water and ask the affected individual to take a teaspoon at prescribed c program languageperiod.
3. Dissolve 2 pills of determined on efficiency in one ounce of water and ask the affected person to take 1/2 ounce within the morning and half of ounce within the nighttime after stirring in instances without a instant hazard. (10)

Stalwart's views -

- Adolf Voegli (1898-1993): He become one of the crucial consumers who popularized LM potencies. He said, “In thousands of checks, I needed to convince myself that the 50 millesimal potencies attain lots more potent and longer lasting curative consequences than the centesimal potencies.” He referred to as them “insubstantial biological power devices”.(11)
- Jost Kunzli (1915-1992): He become a very influential instructor and practitioner in Europe. He significantly patronized the Q potencies. He multiplied the Q potency by means of 2 tiers whilst treating the persistent sufferers. In his articles posted in homoeopathic journals, he additionally cited different software techniques, such as giving one globule of the indicated medication at the tongue. (12)
- Mathias Dorsci: In continual sicknesses, he gave the LM6 for five weeks after which converted to LM12, followed with the aid of LM30 efficiency.



A.J.SAVLAHOMOEOPATHICNATIONALJOURNAL

He always began with LM6 and used to present 5 drops at the tongue. however, he admitted that it turned into impractical for a lot of his patients.(13)

- Pierre Schmidt: He used Q potencies most effective with sufferers who have been additionally the usage of allopathic pills, for instance, anti-epileptics.(14)
- Tyler and Borland: M L Tyler and Weir Borland, the well-known physicians on the Royal London Homoeopathic health center, felt that Hahnemann's new technique of potentisation become being misinterpreted. according to them, Hahnemann become simplest trying to provide an explanation for the "plussing approach" of the centesimal potencies.(15)
- Dr. R P Patel : He concludes that 50 millesimal is 'the master piece via the grasp hand from the master mind'.(10)

Conclusion: -

It is importance of understanding and exploring newer approaches in Homoeopathy like LM scale. Despite the delay in its publication, acknowledging its potential for faster cures is important. Many Stalwarts have used it and suggested for acute as well as in chronic diseases; some of them used in many of cancer cases and has given marvellous results like Dr.R.P.Patel. Hopefully, the perfection of our potencies will continue to evolve like Hahnemann, our aim should be to always try to perfect our method, including the potency question. Like him, we should favour positive changes.

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