



TITLE: Ringworm and Homoeopathy – A Case Report

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ABSTRACT: This article includes the clinical understanding of the teaching of our Organon of Medicine & Homoeopathic Philosophy that, whatever it maybe the name of the disease or the pathology; if the patient shows characteristic signs & symptoms of a particular medicine, as an individual holistic reaction of the life force, then that act as the specific remedy in that case. Along with, what is to be the similia, to restore the sick to health, & how it occurs (reverse pathology), to cure the cases homoeopathically? And what is curable in disease and what is curative in medicines are also express in this article.

❖ **KEYWORDS:** Ringworm-symptoms-causes-general management-homoeopathic therapeutic management.

[**Abbreviation:** Sac. Lac. = Sugar of Milk, N.B. = Please note]

❖ **INTRODUCTION: Ringworm** infections (Dermatophytes) are caused by **three different types of fungi** called microporum, epidermophyton, and trichophyton. They can easily penetrate the keratinized structures and so, these are caused **disease of skin, hair and nail**. Trichophyton causes **skin, hair and nail** infection; Microporum causes **skin and hair** infection while Epidermophyton, causes **skin and nail** infection. The **sources of fungus may be three types:**

1. Zoophilic - animal to human.
2. Arthropilic - human to human.
3. Geophilic - soil to human.¹



Definition:

Ringworm is a fungal infection formed a ring-shaped infection on the skin.

Ringworm also known as dermatophytosis, dermatophyte infection, or tinea - is a fungal infection of the skin.

“Ringworm” is misnomer, is a fungus, not a worm causes the infection.

The lesion caused by this infection resembles a worm in the shape of a ring, which is got its name.

Ringworm is commonly described:

- Tinea corporis (ringworm of the body) or,
- Tinea capitis (ringworm of the scalp) and,
- Tinea cruris (ringworm of the groin).

Ringworm can infect **human or animal both**.

The infection initially appears as discolored, often scaly patches on the affected areas, typically appear red on lighter skin or brown-gray on darker skin.

Ringworm may spread from one to other parts of the whole body.

Symptoms:

Itching, itchy or scaly patches are red, brown, or gray; a round, flat patch of itchy skin, patches develop blisters or pustules, patches resemble a ring deeper color on outside, patches with edges that are defined and raised, overlapping rings, hair loss.

Ringworm Risk factors –

Anyone can get ringworm infection, but may be more at risk are:

Live in a warm, humid environment or climate, participate in contact sports as wrestling, football, hockey etc., use public washroom, locker-room etc., close contact with animals, wear tight shoes or clothes, having diabetes, obesity or overweight, excessive sweat, weak immune system.

Diagnosis:

We may diagnose ringworm by skin examination using **black light view** of the affected area, depending on the type of fungus, it may sometimes fluoresce (glow) under black light.



Confirm Diagnosis:

- **Skin biopsy or fungal culture**, sample of the affected skin or discharge from the blister can confirm the presence of fungus.
- **KOH examination**, scrape of the skin of the affected area collect on a slide and place a few drops of potassium hydroxide (KOH) on it. KOH breaks the typical skin cells, and fungus are seen under a microscope.

Treatment:

Anti-fungal creams, ointments, gels, sprays are applied along with oral medication in severe cases

Lifestyle adjustment:

In addition to prescription and medication, hygiene personal and house to be maintain.

Washing of bedding, clothing daily to help disinfect our surroundings, drying our body after bathing, wearing loose clothing on affected areas.²

Homoeopathic Interpretation:

For an infection in human being we need conjoint action of both the organism and the host; in homoeopathy we treat the host. To receive the infection of the organism psora should be flower up in the surface of the host and the organism finish its course by infection, incubation, podromal period, progress and decline either recovery or by death of the host. If the cure not taken place as per the law of cure, by law of similia ... as a sequel or complication, latent sycosis or tubercular state became flower-up and nourish the complication and then we needs the treatment accordingly. Here, in this given case of ringworm psora is the cause and anti-psoric Tellurium relief the case. I have also seen a maltreated case of ringworm, by so-called homoeopathic treatment managed by Thuja due to nourished the case by deep sycosis and in another maltreated ringworm case managed by Baryta carb. due to nourished by tubercular state respectively.



A case of Ringworm infection Managed by Homoeopathy

Case:

02.05.2023, Tuesday: B.H. 11 months/Baby, female; A case of ringworm, on the back of right arm, three coin like eruptions appear, for last 2 days, came to my telephone consultation having pain and sensitiveness in the eruptions by touch. (Pic-1).

R_x. Tellurium 30/two doses, with Sac. Lac.; to be taken in empty stomach ², within 6 hours intervals. (Tellurium is useful for ringworm over a great portion of the body in intersecting rings. ³)

04.05.2023, Thursday: After 2-days from the 1st dose, no pain, no oozing, no such sensitiveness, eruptions became dry (Pic-2).

R_x. Placebo 30/two doses, to be taken 6 hours interval.

08.05.2023, Tuesday: After 6-days from 1st dose, no pain, no oozing, eruptions became normal, but a new lesion of eruption seen adjacent right lateral chest. (Pic-6).

R_x. Placebo 30/two doses, to be taken 6 hours interval (As per the rules of our “Second Prescription”, Placebo is the best medicine, until the case becomes **stand still for long time** or **old symptoms reappears**).

11.05.2023, Thursday: After 9-days from 1st dose, no pain, no oozing, eruptions became normal, no new eruption is seen. (Pic-7).

R_x. Placebo 30/two doses, to be taken 6 hours interval (As per the rules of our “Second Prescription”, Placebo is the best medicine, until the case becomes **stand still for long time** or **old symptoms reappears**). No need of further medicine in this case.



(Before Medicine, Picture – 1) (After Medicine, 2-days from 1st dose, Picture – 2, 3, 4, 5)



(6-days after 1st dose, Picture – 6)



(6-days after 1st dose, Picture – 7)

N.B.:

- No needs for further taking medicine until any new symptoms develop in this case.
- Remember, that, every phenomena of a phenomenon is adjust in Individual's body & mind (as cause & effects) according to heredity & acquire qualities of an individual upon the life force as an one episode and throughout the biography of the life there are so many episodes (layers) may developed and that one episode (layer) needs series of dose, potency, repetition of a single remedy or may needs series of remedies to eradicate it (As per the rules of our "Second Prescription", **Repetition of the First Prescription and Change in the Second Prescription**³); that's why, long times follow up must be needed, for simplify the case, to restore the sick to health, for the ideal of cure.
- No dressing, no water contact, keep it dry and see the result in this case presentation, **prescription for the patient, not for the gross pathology.** If given Bacillinum, Sepia., Dulcamara., Hepar.sulph., Sil., Merc.s., Tuberculinum, Sulphur etc. never you see such result, rather than make



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it complicated with medicinal symptoms; that's **Hahnemannian, Kentean Immaterial Homoeopathy.**

- How it's possible? When the **Homoeopathy is an Occupation, a Mission, a Commitment of Life** and then **the Omnipotence Truth must be discovered 'to the one who loves law, it speaks in whispers, yet loud enough to be heard by that humble listener, and in a language that is not foreign to him, yea, though often it is only in a symbol or a cipher'.** ⁴

Remarks:

How to Learn from Homoeopathic Materia Medica:

- The Materia Medica can be learned by careful study and by using it. It can be understood but not memorized. To learn the Materia Medica, one must master Hahnemann's Organon, after which the symptomatology and the Organon go "hand in hand."
- Hahnemann's Materia Medica Pura, Hering's Guiding Symptoms, and the Encyclopedia of Pure Materia Medica has been the works that have given the most help in these studies.
- The Organon, the symptomatology, and a full repertory must be the constant reference books, if careful homoeopathic prescribing is to be attained and maintained.
 - Memorizers have no perception; they can only remember what they see, and they see only the surface. Memory is not knowledge until it is comprehended and used; then grows the ability to perceive.
 - One sick man to be treated, not the disease. Understand the remedy first, the keynotes last. Every ignorant man thinks that what he knows is the end of knowledge. (1-5) ⁵

Memory & Homoeopathic Materia Medica:

- Before you begin the study of the details of a science, you must understand the construction of the science or art.
- Man's mind is composed of more than memory. Memory is the impression made on the mind by a fact. Recollection is another qualification of the mind, which enables one to call up the facts which have been memorized.
- It is understood that nothing which we take into the memory is ever effaced. It remains there forever... or so orderly arranged that it may be recalled when occasion requires.



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- The mind should be so ... trained that when an external thing occurs similar to an internal fact, i.e., a fact memorized, at once that external thing awakens into recollection the fact or facts bearing on that subject.
- This is very apt to be so with our feelings, perhaps more naturally than with our intellects, because the latter require more cultivation. Many of us are so strong emotionally that we may call up an emotion without any evident effort of the will or any direction of the understanding.
- ... an example. A man, on one occasion, was driving along a country road, and ran over a dog... This made him feel very sick. The event was apparently forgotten. Several years later he was driving along the same road, never thing of the incident, until he came to the spot where the accident happened, when immediately the same sensation of sickness occurred. Then the impression which was made on his mind was recalled, and at once awakened the emotions.
- Thus must be the intellectual mind of the man who would master the science of medicine.
- He must see his patient, and when he sees his patient it awakens in his mind the picture of the remedy. This has been termed Instinct, but it is not. To do this he must study persistently.
- You see a physician old in year come into a sick-room. At once he says, this patient needs Sulphur. How did he know that? It was not second sight on his part; but through thirty or forty years' experience he had been studying Sulphur, had been forming in his mind images of Sulphur, and living ideas of Sulphur. The moment he sees these in his patient, that moment he recollects Sulphur. If he had not the idea of that remedy in his mind, he could not see it in his patient.
- Now, I ask of you not to try to jump over these years that must pass between the beginning and the ending of the art of medicine, and do not make yourselves prophets your time. (10-15) ⁶



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