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A. J. SAVLA HOMOEOPATHIC NATIONAL JOURNAL

TITLE: ULCERATIVE COLITIS AND ITS HOMEOPATHIC APPROACH

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ABSTRACT:Ulcerative colitis is an inflammatory bowel disease (IBD) characterized by the inflammation and ulceration of the large intestine (colon) with bloody diarrhea and occasional remissions and exacerbations due to some unknown cause. Onset is acute as well as chronic.

Onset is usually gradual in about 85-90% of the patients and rarely acute onset is seen in about 10-15% of the patients. Homeopathic medicines are more effective in treating ulcerative colitis. The objective of homeopathic is not only to treat ulcerative colitis but also to treat its underlying cause with pathology. This article emphasizes the management of ulcerative colitis with indicated homeopathic medicines with also tapering of allopathic medicine which the patient taking for 5 years.

- ❖ **Key words:**Envy, Mildness, Ulcerative Colitis, Affectionate, Hot application and pulsatilla.
- ❖ **Introduction:** Date-9/9/2019: 60 years female came to my clinic about one of my relatives. It is a k/c/o of ulcerative colitis, due to severe agonizing back pain, the patient had bed rest and difficulty rising from bed. MRI done which s/o: “diffuse disc bulge at L3-L4-L5-intervertebral disc causing narrowing of the spinal canal and bilateral neural foramina with compression over bilateral nerve roots. The protrusion at L2-L3 intervertebral disc. “ Given iv painkiller, hot



application, but the patient not improved, so she consult a spine surgeon who advised surgery, but the patient's relative refused and then consult me.

The patient had severe back pain lumber region and lumbosacral region, difficulty lying on the back, and pain when turning the bed, patient feel better lying on the abdomen+ and side on++.

Sleep withdrawing both legs. After the hot bag applies, the pain is more severe.

She had also abdominal pain in the hypogastrium region which was better by lying on the side.

Also passing of blood in the stool is intermittent, once a week, she took regular mesacol and omnacort for 5 years.

PHYSICAL GENERAL: HOT, desire, fund of different food,

Constitution- fair complex, obese, flabby skin,

Nature was mild, and caring to children, when she was hurt, no react, just weep, with no anger, when angry, let go, she liked more children. She longs for care from her husband & her children, and she complains about her husband not much care, during a conversation, she weeps. If anyone scolds her, she just weeps, with no reaction. If any conflict happens with her children in front of her, she is disturbed and then faints. By nature, let go. Every navratary, other holy soul came inner body. She like traveling, when disturbed.

ANALYSIS OF SYMPTOM: only characteristic Symptom select : Exclude common symptom.

Pain Abdomen: Hypogastrium > lying on side

Pain in Back :lumbor region > lying on side.

Pain < after hot application.



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Remedy	Puls	Nux-v	Sulph	Sep	Rhus-t	Lyc	Ars	Calc	Phos	Plat	Bry	Nat-c	Nit-ac	Staph	Anac	Ign	Nat-m	Bor	Verat
Totally	22	15	15	13	12	17	14	14	13	11	10	9	9	9	7	12	12	11	11
Symptoms Covered	7	7	6	6	6	5	5	5	5	5	5	5	5	5	5	4	4	4	4
Kingdom	🐦	🐦	🐘	🐘	🐘	🐘	🐘	🐘	🐘	🐘	🐦	🐘	🐘	🐦	🐦	🐦	🐘	🐘	🐦
[Complete] [Abdomen]PAIN:Hyogastrium: (508)	4	4	4	4	4	4	4	4	4	4	3	4	3	2	3	3	4	2	4
[Complete] [Abdomen]PAIN:Lying:Amel.:Side, on: (40)	1	1	2	2	1				1		3								
[Complete] [Back]PAIN:Lying:Amel.:Side, on: (15)	3	1										2							
[Complete] [Generalities]APPLICATIONS:Warm:Agg.: (53)	4	1	4	1	1	4	1	3	2	2	2		1	2	1	2		3	3
[Complete] [Mind]MILDNESS: (135)	4	4	3	4	4	4	4	3	3	1		1	3	1	1	4	4	4	3
[Complete] [Mind]AFFECTIONATE: (99)	3	3	1	1	1	1	3	3	3	1	1	1	1	1	1	3	3	2	1
[Complete] [Mind]ENVY: (48)	3	1	1	1	1	4	2	1		3	1	1	1	3	1		1		



In Repertorization-pulsatila, nux-vomika, Sulph, Sep, Rhus tox, Phos...

Its not like nuxvomika type-quarrelsome, more envy with competitive behavior. Phosphorus like care and affectionate but it's not envy like Pulsatila.

Pulsatila-cover the characteristic with mental disposition, its always complaining and dissatisfy with thing and love. She wants affection from all family members. That's why select Pulsatila, it's also cover physical general < hot application and > lying side on.

Select medicine Pulsatila 30 single dose, follow up by placebo 4 BD- (this type of case I first given single dose for check susceptibility, medicine action Registered or not.)

20/9/2019	Not much improved, in between follow up, relative say, patient more complaining on little problem daily, she never satisfy with thing, if she has. Ex. her daughter in law, purchase new purse, she also want this. She want affection from all family member	Pulsatila 30, 2 dose in 2 hr. Placebo 4 BD
11/10/2019	Improved in back pain, now patient better on rising also turning in bed.	Placebo 4 BD
6/12/2019	Mild back pain when rising from bed, no blood in stool last 1 month.	Placebo 4 BD



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27/12/2019	Fever with sever back pain, coughing mild, bodyache, Hot, no thirst during fever, se complaining more, headache in temple, > light pressure.	Pulsatila 30- 2 globules in ½ cup water, 3 spoon every hr.
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8/3/2020	In between, patient had mild attack of back pain, 2-3 time blood spot in stool.	Tapering mesacol Omnacort Rx Placebo 4 BD
21/5/2020	Common cold, coughing, nasal block, thick nasal green discharged, fever high grade with mild cover, but want fan also, thirst less, no episode of blood in stool, still mild back pain, left leg pain in between,	Pulsatila 200- 2 globule in ½ cup water, 2 spoon every hr.
26/5/2020	Better, no fever still coughing, thick nasal discharged-green.	Placebo 4 BD Stopped mesacol and omnacort
14/06/2020	Still back and left leg pain , no blood in stool,	Placebo 4 BD



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19/6/2020	Again fever high grade with common cold since 2 day –congestion in face- weeping due to pain in back, total bed rest, difficulty in turn in in bed	Pulsatila 1ml in ½ cup water,- 3 spoon 1 hr -3 dose— Placebo 4 QDS
20/6/2020	No fever, mild improved in back pain, still bed rest, one spot of blood in stool, pain in hypogastria region, better lying on side,	Placebo 4 QDS
13/11/2020	In between, minor acute attack of	Given puls 0/1(make in 20ml) 2 drop

	common cold , Constitution medicine repeats. Patient has dental carries which was operated before 1 week. So fever, swelling on left side face, sever pain,	-1/2 cup taking one spoon 3 time in one day. Placebo 4 QDS (try new LM potency)
7/01/2021	Sever Back pain after patient fall yesterday night. Sever pain difficulty in from rising, constant change position due to pain, weeping due to pain, sister in law say she want attention more.	RX rhus tox 200-2 dose, Placebo 4 BD. But not much improve in 2 day, so again given puls 0/1 – 2 drop ½ cup water, 3 spoon 2 time in day for 1 day.



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In between minor attack of back pain and leg pain some time , so repeat LM potency-

11/04/2022	Endoscopy done which s/o normal	Endoscopy done due to sever acidity since 3-4 day, MRI Back report pending
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Patient ID : JAN63 Visit Date : 1/18/2019
Patient Name : KIRANBEN, SONI Referred by : self
Age/Gender : 59Yrs, Female Consulted by : DR.HARDIK PARIKH

SIGMOIDOSCOPY Report

Premedication :
P/R : Nil
Preparation : Normal
Anal Canal : Normal
Rectum : Normal
R Sigmoid : MULTIPLE FOCAL ULCERS WITH INFLAMMATION
Sigmoid Colon : SAME
Biopsy : Normal
Impression : UC WITH ACTIVITY MORE IN SIGMOID COLON, RECTUM NORMAL



DR.HARDIK PARIKH

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Patient Name : KIRANBEN, SONI Age/Sex : 65Yrs, Female
Registration No : 22APR 72 Date : 11-04-2022
Referred by : SELF Diagnosis :



SIGMOIDOSCOPY

Findings : RECTUM - NORMAL, SIGMOID COLON- SMALL POLYP SEEN, BIOPSY TAKEN FOR H/P/E, DESCENDING COLON- NORMAL,
Impression : SMALL POLYP SEEN, BIOPSY TAKEN FOR H/P/E.
Advice : A WAIT H/P REPORT

Dr. Raju M. Vallya Dr. Hardik R. Parikh Dr. Jatin A. Patel



Conclusion: This Cases justify that homeopathy is a deeply acting powerful therapeutic that can treat such chronic conditions otherwise considered incurable by conventional medicine. This was a case of

colitis and only one remedy was needed to achieve a complete cure and also patient tapering of conventional medicine. Many times this type of pathological case with on allopathic medication for many years. Its important to know us 3 points which must necessary.

First: select proper homeopathic medicine on the base of the totality of symptoms. With analysis and evaluation.

Second- after selecting medicine from analysis and evaluation given on proper dose and make repetition criteria.

Third: after the medicine effect is registered then tapering of allopathic medicine gradually. When allopathic medicine tapering, some acute condition develops, so again watch the totality which covers the medicine.

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