



**TITLE: MANAGEMENT OF SKIN DISEASE WITH HOMOEOPATHY  
IN PAEDIATRIC PATIENT**

❖ **ABOUT AUTHOR:**

**Dr. Anand Desai (MD.Hom.)**  
Professor,  
Department of Organon of Medicine,  
Smt. A.J. Savla Homoeopathic Medical  
College & R. I., Mehsana - 384001,  
Gujarat.  
Email : [dranandjyb@gmail.com](mailto:dranandjyb@gmail.com)



❖ **ABSTRACT:** A skin disease is contagious when it is transmitted through contact with other people there are five infectious agents that make skin disease contagious, viruses, bacteria, fungi, protozoa & parasites. Contagious disease in this case is impetigo. 5 years old kid often get this bacterial infection on his face, hands and legs. Homoeopathic approach for treating such kind of contagious disease in children is depending upon the behavior and physical symptoms of the child. This case was treated with homoeopathic medicine based on the totality of the symptoms and it shows significant improvement.

❖ **Key words:** child irritable, obstinate, angry, screening, shouting, severely constipated, homoeopathy individualisation, Sanicula Aqua.

This is a Acute Case of a child who is having skin eruption from the past 15 days. You can see how it looks....





### **Important points to handle the children cases**

Homoeopathy is first ART then SCIENCE so we have to apply our knowledge according to the different different cases and situation.

What our master Dr. Hahnemann has told in Aphorism 6 that a physician has to be keen OBSERVER. When we are dealing with the paediatric patients then our case taking is mostly depending upon our OBSERVATION.

How the child is entering in the consulting room, how he looks at us, how he reacts when we ask something about him/her. When parents are giving information about them then how is their facial expressions and gestures. How his behaviour is at home , school and with the known and unknown people. Everything about them including anger, demands, likings and disliking, sleep patterns, hobbies and interest etc.

Let your child free and whatever he does in the clinic is very important to understand him so not to feel how it looks to the doctor that parents have not educates him properly, no manners etc.

So with the all these basic information in my mind I will start taking case but before that I will explain the parents that we as a Homoeopath want to understand your child's complain in details, how this problem has started and what your child does, when he has this complain along with that his behavioural pattern because each and every child is behaving in his own individual way.



I don't want to judge your child whether he is good or bad, right or wrong but I want to understand your child "as He is" because each and every human being is different.

### **Case**

This is a case of a child 5 years and he was brought to me on 6<sup>th</sup> July 2015 with the C/o this skin eruptions on body. They told me that in their village many children have got this kind of eruptions.

He was very irritable because he has itching all the time. Mother told me that he becomes very angry and irritable and beats his younger brother. We are also disturbed and fed up because of this complain because he constantly asking us to do something to give him relief and he screams and shouts.

Sometimes he throws the thing which are on the sofa or on the bed in anger. When he comes in the kitchen then he bangs some utensils and slap me on my back. When he wants something then we have to provide that thing otherwise becomes angry and bites me, shouting and starts throwing the things.

He is not following us. Whenever we provide the toys what he wants then he plays for sometimes and wants another one. He plays for sometimes then fed up of playing with that toy again demands for new one. Even this thing we have found in his food also, he does not like the routine food what we make at home. He wants to eat different kind of food.

But what is peculiar in the case is this, child is having severe constipation, straining lot during defecation and he passes a stool which is large, knotty and diameter of the stool is big, it looks like as if stool of a adult person. Mother told we have to pour 3 to 4 buckets of water to flush it.

### **PHYSICAL GENRERALS**

- APPETITE: Good
- DESIRES: For different kind of food (not routine food)
- BOWEL: -Constipated, large, knotty and big stool
- THIRST: 1- 2 lit/day
- PERSPIRATION: NAD
- URINATION : NAD



- THERMAL:- C2H3

### **PAST HISTORY:**

Circumcision

### **MOTHER HISTORY DURING PREGNANCY**

NAD – normal delivery.

### **RUBRICS OF THE CASE**

- Mind – Irritability, children, in
- Mind – anger, children, in
- Mind – shrieking, screaming, shouting, children, in
- Mind – kicks
- Mind – anger, throws, thing away
- Mind – change, desire for
- Rectum – constipation, children in
- Rectum – constipation, ineffectual urging and straining
- Stool – knotty, nodular, lumpy
- Stool – large



**REPRTORIAL CHART**

	Cham.	Sanic.	Lyc.	Sulph.	Bry.	Sil.	Tub.	Nux-v.	Phos.	Sep.	Kali-c.	Op.	Nat-m.	Cina	Zinc.	Bell.	Puls.	Ant-c.
<b>Total</b>	24	23	24	24	19	22	16	19	18	18	18	17	17	15	18	18	17	18
<b>Rubrics</b>	9	9	8	7	8	7	7	8	7	8	7	7	7	6	6	6	5	6
<b>Kingdoms</b>	Green	Blue	Green	Blue	Green	Blue	Brown	Green	Blue	Red	Blue	Green	Blue	Green	Blue	Green	Green	Blue
<b>Rajan's Miasms II</b>	Blue	White	Blue	Blue	Blue	Green	Yellow	Blue	Yellow	Orange	Blue	Yellow	Cyan	Cyan	Yellow	Purple	Green	Green
mind; irritability; children, in (69)	Black	Purple	Purple	Purple	Purple	Purple	Purple	White	Cyan	Cyan	Cyan	Cyan	Cyan	Black	Purple	White	Purple	Purple
mind; anger; children, in (37)	Black	Cyan	Blue	White	Purple	Cyan	Purple	White	Purple	White	Cyan	Cyan	White	Cyan	White	Cyan	White	White
mind; shrieking, screaming, shouting; children, in (87)	Black	Purple	Purple	Purple	Purple	Purple	Black	Purple	Purple	White	Blue	Cyan	Cyan	Purple	Purple	Black	Black	Cyan
mind; kicks (52)	Purple	Purple	Purple	White	White	White	Cyan	Cyan	White	White	White	White	Cyan	Purple	White	Black	White	White
mind; anger; throws things away (36)	Cyan	White	White	White	White	White	White	White	Cyan	White	White	White	White	White	White	White	White	White
mind; change; desire for (45)	Cyan	Purple	White	White	White	White	Purple	White	White	Cyan	Cyan	White	White	White	White	White	White	Purple
rectum; constipation; children, in (68)	Purple	Cyan	Blue	Purple	Purple	Purple	White	Black	Cyan	Purple	Cyan	Purple	Purple	Purple	White	Purple	Cyan	Purple
constipation; urging; ineffectual urging and straining (308)	Purple	Purple	Black	Black	Black	Black	White	Black	Purple	Black	Purple	Black	Black	Cyan	Purple	Purple	Black	Cyan
stool; large (148)	White	Purple	Purple	Black	Black	Black	White	Black	Purple	Black	Black	Black	Black	White	White	White	Purple	Black
stool; knotty, nodular, lumpy (211)	Cyan	Purple	Black	Black	Cyan	Black	White	Purple	Cyan	Black	Purple	Black	Black	White	Purple	Purple	White	Black

**UNDERSTANDING OF THE CASE**

After taking the case we will see the probable remedies in the Repertorial chart and with the help of the knowledge of the Materia Medica we will prescribe the most similar remedy to the patient. Here the remedies coming in the chart are Chamomilla, Sanicula aqua, Lycopodium, Sulphur, Bryonia alba, Silicia, Tuberculinum and Nux vomica.

Now we will differentiate all the remedies.

**Chamomilla** – The mind of this remedy is angry, irritability, screaming, shrieking, shouting, kicking, biting, throwing the things in anger and very obstinate. When we see the stool in Boericke Materia Medica - Hot, GREEN, watery, fetid, SLIMY, with colic. Chopped white and yellow mucus like chopped eggs and spinach.

**Sanicula aqua** - The mind of this remedy is angry, irritability, screaming, shrieking, shouting, kicking, biting, obstinate but not covering the anger- throwing things. But it cover the stool symptoms that is stool is large, no desire until a large accumulation. Lumpy stool which is coming after great straining.

**Lycopodium** – This child is also angry, cranky, irritable, kicking but the Stool is HARD, DIFFICULT, SMALL and incomplete. Here the stool is not large and lumpy.



## A. J. SAVLA HOMOEOPATHIC NATIONAL JOURNAL

**Bryonia** – This child is also angry, obstinate, screaming, shouting but irritability is too much, kicking is absent and one very important aspect is does not want to be disturbed and the constipation is because of dryness of the mucus membrane so the stool becomes dry and hard.

**Sulphur** – This remedy is very close to the case but this child is very restless, can not tolerate hunger, aversion to bath, stools hard, knotty, large, painful and child is afraid to pass the stool on account of pain.

**Tuberculinum** – This child is also angry, irritable, screaming, shouting, obstinate, kicking but very much destructive in behaviour. Speak in foul language, curse and swear. Has the early morning sudden diarrhoea like Sulphur but the symptoms of constipation are not there.

### **Guernsey considered Sanicula is the chronic of Chamomilla.**

Prescription - Sanicula aqua

Potency – 200<sup>th</sup> potency

Dose - Single Dose

Follow up –

**14/07/2015 (After 7 days)**

- Itching has reduced
- Irritability and anger is also reduced
- The skin lesions has started to improve
- Constipation is little better, has passed the stool but still not enough

Rx. SL for 15 days.

**30/07/2015**

- Lesions are improving day by day
- Slight Itching is there but it does not disturb him
- Anger, irritability is also improving
- Constipation is better, pass the stool with less straining.

**16/08/2015**

- Eruption are disappeared

- No itching on the skin
- His nature is also improving day by day
- Constipation is much better, stool are normal.

**20/09/2015**

No eruption, no itching, only the darkness over the lesions.

Stool passes everyday.

Child was given only a single dose of Sanicula aqua 200 then after medicine was not repeated and only SL was given.

**Images after 2 and half months**









**Discussion and Conclusion :-** If the indicated medicine is covering the Mind symptoms as well as the Physical symptoms along with the peculiarity of the complain then this medicine will be most similar one and has enough potential to give benefit to the patient. Repertory will give the clue to the remedy but always refer the Materia Medica for better understanding of the remedy. So add this Sanicula aqua to our data bank when we think of Chamomilla, Lycopodium, Sulphur, Bryonia and Tuberculinum.

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