



TITLE: STAPHISAGRIA REMEDY PROFILE FOR MOTION SICKNESS

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❖ **ABSTRACT:** Staphisagria remedy is studied from different materia medica in relation to motion sickness like, Allen T.F Encyclopedia of Practical Materia Medica, Boericke W Pocket Manual of Homoeopathic Materia Medica, Clarke J.H Dictionary of Practical Materia Medica, Hering C Guiding Symptoms of Our Materia Medica, Nash E.B., Regional Leaders, Phatak S.R., Materia Medica of Homoeopathic Medicines. The criteria for the selection of symptoms are those symptoms, which appear in two and more than two Materia Medica have been considered and motion sickness symptoms of drug and mental and physical generalities of the drug are mentioned. After study, symptoms which are most commonly repeat in different Materia Medica are frequent empty eructation, pressure at stomach as from a weight, Sensation as if heavy load or of a round ball in forehead, long lasting vertigo accompanied by continued nausea as in sea sickness, nausea and dizziness before vomiting in a carriage, ravenous hunger, great indignation and hurt easily.

❖ **KEYWORDS:** Motion sickness, kinetosis, Neural mismatches theory, Sea Sickness.

❖ **INTRODUCTION:** Motion sickness, or kinetosis, is a condition characterized by pallor, nausea, and vomiting. It brought about by exposure to real or apparent, unfamiliar motion to



which the individual is not adapted. Vestibular apparatus plays role in maintaining posture and equilibrium in human being. The Neural mismatch theory known as main explaining theory about motion sickness. In history, there is record mention about motion sickness.^{[4],[7]} Ancient Chinese and Indian records mention ginger used as a preventive in motion sickness. Hippocrates, the Greek Physician, wrote about motion sickness.^[4]

In Homoeopathy there are many remedies mention for motion sickness in material medica. Among them I selected Staphisagriato study from different Materia Medica in relation to motion sickness.

LITERATURE REVIEW:

REMEDY: STAPHISAGRIA

The remedy profile given below is erected after study of the remedies from the following books.

- 1) Allen T.F, Encyclopedia of Practical Materia Medica. (Allen T.F.E.P.M.M)
- 2) Boericke W., Pocket Manual of Homoeopathic Materia Medica. (Boericke W.P.M.H.M.M)
- 3) Clarke J.H., Dictionary of Practical Materia Medica. (Clarke J.H.D.P.M.M)
- 4) Hering C., Guiding Symptoms of Our Materia Medica.(Hering C.G.S.M.M)
- 5) Nash E.B., Regional Leaders. (Nash E.B.R.L)
- 6) Phatak S.R., Materia Medica of Homoeopathic Medicines. (Phatak S.R.M.M.H.M)

Criteria for the selection of symptoms:

- Those symptoms, which appear in two and more than two Materia Medica have been considered.



- Motion sickness symptoms of drug are mentioned.
- Mental and physical generalities of the drug are mentioned.
- The name mentioned as in bracket indicate the book in which this symptoms are present.

STAPHISAGRIA:

Description:

Delphinium staphisagria

Natural order:Ranunculaceae

Common name:Stavesacre

Introduced by: Hahnemann

Source:vegetable

The alcoholic solution is prepared from the ripe seeds.

Mind:

- Aversion to mental or physical labor, inability to think.(Hering C.G.S.M.M, Allen T.F. E.P.M.M)
- Weakness of memory, a few minutes after reading anything can recollect it only dimly and whenever he thinks of anything the sense escapes him; can scarcely recall it after long reflection. (Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M, Phatak S.R.M.M.H.M.)
- Very sensitive to least impression; least word that seems wrong hurts her very much. (Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Heing C.G.S.M.M, Nash E.B.R.L)



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- Children are ill-humored and cry for things, which after getting them petulantly push or throw away aggravation in morning. (Allen T.F.E.P.M.M, Boericke W.P.M.H.M.M, Hering C.G.S.M.M, Nash E.B.R.L, Phatak S.R.M.M.H.M)
- Delusion with respect to past events.(Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M)
- Hypochondriasis.(Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M, Phatak S.R.M.M.H.M)
- Sexual excess or persistently dwelling on sexual subjects. (Boericke W.P.M.H.M.M, Hering C.G.S.M.M, Nash E.B.R.L, Phatak S.R.M.H.M.M)
- Dullness of mind after onanism that keeps him from every work. (Allen T.F.E.P.M.M, Hering C.G.S.M.)
- Great anxiety, he dreads the future. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M, Nash E.B.R.L)
- Violent outburst of Passion. (Boericke W.P.M.H.M.M, Phatak S.R.M.M.H.M)
- Fretful peevish all days not know himself on account of despondency and are extremely depressed. (Allen T.F.E.P.M.M, Hering C.G.S.M.M)
- Violent internal anxiety, so that he could not remain in any place but without complaints. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M)
- Sadness without any cause, with irritability. (Allen T.F.E.P.M.M, Phatak S.R.M.M.H.M)
- Great indignation about the things done by others or by himself; grieves about the consequences. (Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M, Nash E.B.RL)

Head:

- Compressive, stupefying headache amelioration by much yawning, leaning head against something. (Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M)
- Brian feels squeezed or torn. (Allen T.F.E.P.M.M, Clarke J.H.D.M.M, Hering C.G.S.M.M, Phatak S.R.M.M.H.M)



- As of heavy load or of a round ball in forehead. (Boericke W.P.M.H.M.M, Clarke J.H.D.M.M, Hering C.G.S.M.M, Nash E.B.R.L, Phatak S.R.M.M.H.M)
- Long lasting vertigo accompanied by continued nausea as in seasickness. (Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- Vertigo relived by walking about in a circle or turning rapidly on heels. (Clarke J.H.D.M.M, Phatak S.R.M.M.H.M)
- Cerebrum feels numb and occiput feels hollow. (Clarke J.H.D.M.M, Phatak S.R.M.M.H.M)
- Fine burning, needle like stiches externally in head. (Allen T.F.E.P.M.M, Clarke J.H.D.M.M)
- Burning in temples, internally and externally, as if bones would be pressed out aggravation from touch. (Allen T.F.E.P.M.M, Clarke J.H.D.M.M)
- Head confused and embarrassed, dull felling of head with inability to perform any mental labor. (Clarke J.H.D.P.M.M, Hering C.G.S.M.M)

Stomach:

- Frequent empty eructation. (Allen T.F.E.P.M.M, Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- A kind of eructation, a large amount of mucus comes into the mouth from the upper part of the throat. (Allen T.F.E.P.M.M, Hering C.G.S.M.M)
- Scraping eructation that affect the larynx and cause cough. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M)
- Frequent hiccough associated with nausea and stupefaction of head, always after eating. (Allen T.F.E.P.M.M, Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- Nausea and dizziness before vomiting while riding in a carriage. (Clarke J.H.D.P.M.M)



- Nausea in the mouth and pharynx caused by eating, as if he would vomit. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- Sensation as if stomach were hanging down relaxed. (Allen T.F.E.P.M.M, Hering C.G.S.M.M, Nash E.B.R.L, Phatak S.R.M.M.H.M)
- Pressure at stomach as from a weight. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M)

Physical general:

- Appetite and thirst:
- Thirstlessness (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- Excessively ravenous hunger, even when the stomach was full of food and when he ate again the food was relished. (Allen T.F.E.P.M.M, Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- He is attacked with a violent sensation of hunger with accumulation of water, a few hours after a large nourishing meal. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M)
- Child cries as soon as it eats. (Clarke J.H.D.P.M.M, Hering C.G.S.M.M)

Desire and Aversion:

- Great desire for milk. (Allen T.F.E.P.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M, Phatak S.R.M.M.H.M)
- Longing only for thin, fluid food (soup). (Clarke J.H.D.P.M.M, Hering C.G.S.M.M)
- Craving for wine, brandy, tobacco. (Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Hering C.G.S.M.M, Phatak S.R.M.M.H.M)

General modality:

Aggravation:

- Anger (Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M)



- Emotions (Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M) On touch (Allen T.F.E.P.M.M, Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M)
- Sexual excess (Boericke W.P.M.H.M.M, Phatak S.R.M.M.H.M)
- Onanism(Boericke W.P.M.H.M.M, Phatak S.R.M.M.H.M)
- Stretching parts (Allen T.F.E.P.M.M, Phatak S.R.M.M.H.M)
- After urinating when not urinating.(Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M)
- New moon, before full moon.(Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M)

Amelioration:

- Rest (Allen T.F.E.P.M.M, Boericke W.P.M.H.M.M, Clarke J.H.D.P.M.M, Phatak S.R.M.M.H.M)
- Break- fast (Boericke W.P.M.H.M.M, Phatak S.R.M.M.H.M)
- Warmth (Boericke W.P.M.H.M.M, Phatak S.R.M.M.H.M)

MATERIAL AND METHODS

- Project site: Smt A. J Savla Homoeopathic Medical College & RI Mehsana, Gujarat
- Material utilized for the study: Homoeopathic software RADAR 10, Source books, different homoeopathic Materia Medicabooks and therapeutics books.

CONCLUSION:After Studying Staphisagria from different Materia Medica in relation to motion sickness, following symptoms are frequently repeated in different material medica and which would be helpful while selection of the remedy. Symptoms are as follow:

- Frequent empty eructation, pressure at stomach as from a weight.
- Sensation as if heavy load or of a round ball in forehead.
- Long lasting vertigo accompanied by continued nausea as in sea sickness.



- Nausea and dizziness before vomiting in a carriage.
- Ravenous hunger, great indignation and hurt easily.

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